

A muscular man is shown from the chest up, focused on his workout. He is using a Steelflex gym machine, which is a multi-gym series machine. The machine is silver and blue, with the Steelflex logo prominently displayed on its side. The background is a dark blue gradient with a large, stylized 'Steelflex' logo in a lighter blue color. The overall composition is dynamic, with a diagonal orange and blue line separating the man from the machine and the background.

Steelflex

MULTI GYM Series

Designed for enjoying your life

www.steelflexfitness.com



CONTENTS

•MG 100B Multi Gym 100B	P03
•MGLPB Leg Press	P03
•MGCCB Cable Column	P04
•MG3000 Multi Gym 3000	P05
•MTSG Multi Stand training	P06
•Product Specifications	P08



MULTI GYM Series

Steelflex



Features



The scratch resistance and high-grade baking finish offer better durability.



The single-stack machine features a versatile fitness function design.



Handles in ergonomics and mechanics reduce joint compressions.



Top-quality backrest and upholstery provide comfort and longevity for operation.



The leverage design machine provides a variety of strength workouts.



High-quality bearings provide durability.





MG 100B

Multi Gym 100B

Combining workout functions of chest press, lat pull-down, and leg extension as the base unit, machine MG100B also equips a station for chip-up and abdominal crunch. Dual press movement arms with a classic long pull bar as attachments increase workout options, accommodating the needs of different exercisers. The cable-driven system transmits expedient resistances that promote workout efficiency.

SPEC



VIDEO



MGLPB

Leg Press

The MGLPB is established by attaching a leg press station to base unit MG100B that provides brilliant strength workouts up to three operators simultaneously. The lateral orientation design allows convenient entry and exit to train the glute and leg that build a muscular lower body. Heavy-gauge steel mainframe ensures safety and stability during a group exercise.

SPEC



VIDEO





MGCCB

Cable Column

Each station of the MGCCB has its separate weight stacks that help the exerciser in different fitness levels and abilities to achieve their workout program. Then machine MGCCB comes with bilateral adjustable pulleys to provide almost limitless options for strength training that enforce the power and balance of full-body. Work out with various fitness accessories to achieve exercise goals for the whole body strengthening.

SPEC



VIDEO





MG3000

Multi Gym 3000

The MG3000 is an extremely versatile machine to offer group training in a space-efficient condition. It provides at least five workouts for the operator, including high/low pull, chest/shoulder press, and leg extension that enforce the arm, chest, back, and thigh muscles. The sturdy shroud provides a safeguard for the exerciser and weight stacks.



SPEC



VIDEO





MTSG

Multi Stand training

The 4-stack machine MTSG is the best option for athletes to reinforce the stability of the core muscle also strengthen the whole body. The pop-pin adjustment of pulleys, high-density pads, and weight stacks facilitates the operator for adapting their fitness requirement that promotes safety and workout effects.

SPEC



VIDEO






Steel Mind, Flex Body

Specifications

Frame Finish	One-coat powder process, electrostatically applied powder coat finish, dark grey. Two-coat powder process, electrostatically applied powder coat finish, gray silver for MTSG / MG3000
Instructional Placard	Included (MG100B / MGLPB / MGCCB)
Upholstery	2" rebonded scrap foam with CGPC PVC cold latex leather and durable double stitched upholstery
Handgrips	Dipped PVC handle
Driving System	Cable
Cable	7 × 19 carbon steel, tensile strength of more than 2090 lbs. (950 kg)
Shroud	1.2T delicate steel safety cover (MG100B / MGLPB / MGCCB) 1T delicate steel safety cover (MG3000 / MTSG)
Weight Stack	High-quality weight plates for smooth and durable operation
Standard Weight Stack	210 lbs. / 95 kg (SP10-10 lbs. × 20 pcs + 10 lbs. top plate) for MG100B 420 lbs. / 190 kg (SP10-10 lbs. × 40 pcs + 10 lbs. × 2 top plates) for MGLPB 630 lbs. / 286 kg (SP10-10 lbs. × 60 pcs + 10 lbs. × 3 top plates) for MGCCB / MG3000 840 lbs. / 381 kg (SP10-10 lbs. × 80 pcs + 10 lbs. × 4 top plates) for MTSG

Colors

Strength Upholstery Colors	 Black(Standard)
Standard Finish Color	 Pantone 425C

Steelflex

www.steelflexfitness.com



INTERNATIONAL

3F28, No.5, Shin-Yi road., Sec.5,
Taipei,Taiwan
Tel : +886-2-27209982
Fax : +886-2-2722-9750
E-mail : joong@ms13.hinet.net
<https://www.steelflexfitness.com>

USA

Fitness Master Inc.
11419 Mathis Avenue #200
Farmers Branch, Texas 75234
Office & Fax : 214-350-8884
Toll Free : 855-846-0087
Email : info@fmiamerica.com
<https://fmiamerica.com>

CHINA

Steelflex Fitness Equipment Trade Co., Ltd
608A, No. 1055 Pingcheng Road, Jiading Town,
Jiading District, Shanghai, China
Tel : +0086-021-63514782
<http://www.steelflex.com.cn>