



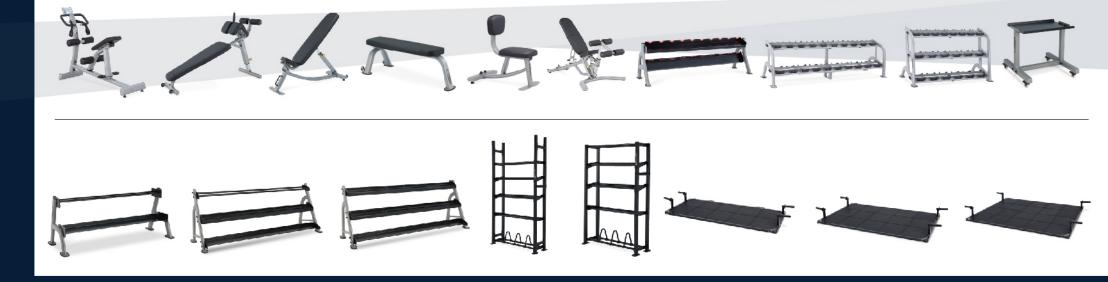
CONTENTS

•NOFB Olympic Flat Bench P02
•NOIB Olympic Incline Bench P02
•NOSS-1 Spotter Stand P03
• NOSS-2 Spotter Stand P03
•NODB Olympic Decline Bench P04
•NOMB Olympic Military Bench - P04
•NOPR Olympic Power Rack P05
NBSR Stretch Rack P06
•NTR Weight Tree Rack P07
•NTR2 Functional Tree Rack P07
•NBR Barbell Rack P08
• NAB Abdominal Bench P08
• NAAB Adjustable Abdominal Bench - P09
•NAC Abdominal CrunchP09

• NBE Back Extension P10
• NRCH Roman Chair P10
•NGHB Gluteus Ham Bench P11
• NPCB Preacher Curl BenchP11
• NVKR Vertical Knee RaiseP12
NSS Sissy SquatP12
• NBS Stretch ChairP13
• NDB Adjustable Decline Bench -P13
• NIB Adjustable Incline BenchP14
• NFB Flat BenchP14
• NST Utility StoolP15
• NFID Multi BenchP15

• NMDR 2 Mechanics Dumbbell Rack -P16
• NDR 2 2-Tier Dumbbell RackP16
• NDR 3 3-Tier Dumbbell RackP16
• NKTR 1 Kettle Bell Rack 1P17
• NKTR 2 Kettle Bell Rack 2P17
• NKTR 3A Dumble RackP18
• NKTR 3B Dumble RackP18
• NGFR 1 Group Functional Rack-P19
• NGFR 2 Group Functional Rack-P19
NPF1 PlatformP20
• NPF2 PlatformP20
• NPF3 PlatformP20
• Specifications / ColorsP21





Features



The machine of series Neo provides versatile workouts, so it is the optimal selection for a health fitness club.



The frame finishes with a two-coat and two-bake painting process for aesthetics and high quality.



The stable and durable bearing furthers the quality guarantee of machines.



The comfortable, durable padding upholstery and backrest reduce the compression on the outer muscle.



NOFB

Olympic Flat Bench

Olympic flat bench NOFB features a thoughtful design that adapts to various requirements of any facility while helping to build the triceps, deltoids, and pectorals. Heavy-gauge oval tubing mainframes with the spotter platform ensure maximum safety during intense lifts. The low profile of the quality bench minimizes the back arch.





NOIB

Olympic Incline Bench

The NOIB enables operators to work the incline chest press that develops a brawny chest and upper arm. The pop-pin adjustable seat accommodates exercisers of varying sizes. Dual bar catches provide different storage positions.







Olympic Decline Bench

Olympic decline bench NODB is constructed with heavy-gauge oval tubing to enhance stability and durability. The large backrest supports the upper body to keep alignment. Angled keen pads with foot rollers assist the decline press movement in a correct position while reducing the shoulder rotation.





NOMB

Olympic Military Bench

Steelflex Olympic military bench NOMB assist in developing the muscle mass of the deltoid and triceps. The premium sweat-resistance seat and back pad are easy to clean and eliminate stresses during the press movement. The quality mainframe and integrated spotter platform improve the stability of the machine.



Note: All specifications are subject to change without notice. Actual products may different from pictures in this catalog.







NOSS-1/NOSS-2

Spotter Stand

Both the NOSS-1 and the NOSS-2 comprise a pair of height-adjustable spotter stands with a wide safety catch design. When paired with the NOFB Olympic flat bench, they ensure the safety of exercisers during pressing workouts, providing protection against failed lifts.





attachments, including Steelflex FSR1-3, FWH1, and FRS1, which allow customization to fit various workout demands.







NBSR

Stretch Rack

The NBSR stretch rack is constructed with robust design, ensuring both safe operation and durability. Utilizing only this innovative equipment can establish a dedicated fitness area designed specifically for flexibility or stretch training within your facility. Without worrying about space limitations, whether you want to warm up before exercise or perform post-exercise stretches, the NBSR can meet all your needs.





NTR Weight Tree

Weight Tree Rack

The tree rack NTR features side-by-side horns to suspend various weight plates safely off the floor. Steel holders organize the barbell bar to create the maximum storage capacity.



NTR2

Functional Tree Rack



The NTR2 features wheels for shifting conveniently and is ideal for indoor and outdoor utilization. Fitness package renegade system and accessories FWH1/FRS1 can equip at the sides of the NTR2 to promote functional workout effects.







NBR Barbell Rack

Constructed with heavy-gauge oval tubing improves the solidity, safety, and durability of the NBR. Bilateral bar catches provide quick and easy-access storage for up to 10 fixed-weight barbells. Molded urethane protects the frame against scratches.





NAB

Abdominal Bench

Bench NAB is efficient in isolating the entire abdominal region with crunch motion. The ergonomic design of the back and head pads provide maximum comfort and keep proper body alignment. The angled handle assists operators in performing workout routines while reducing neck strain. The weight horn accommodates various plates of any exercise level.





NAAB

Adjustable Abdominal Bench

Adjustable abdominal bench NAAB is constructed with heavy-gauge oval tubing to improve safety and stability that allows working oblique crunches, decline presses, and leg raises. The pop-pin adjustable design of rollers and the back pad make it ideal for various workout routines. The handle with transport wheels assists in mobility.





Abdominal Crunch

The upright position design of the NAC makes it easy to enter and exit. High-quality upholstered pads contribute comfort during intense exercise to help the user keep a long-term workout. Dual ergonomically designed handles provide a natural motion. The adjustable seat increases workout variations for abdominal muscle development. The upward and downward detachable adjustment installs on the back of the machine allows for working out the abdomen conveniently.





VIDEO





NBE

Back Extension

Featuring a pop-pin adjustable design for different height requirements, the NBE accommodates various size users. The delicate thigh pad with an oversize foot platform offers comfort and support to hold body alignment. A unique curve handle helps to maintain balance.





NRCH

Roman Chair

Working on your fitness goals for carving out six-pack-abs to develop the strength, flexibility of the back spine, and glute, roman chair NRCH is felicitous equipment for the above requirements. Thick, sweat-resistant thigh pads avoid slipping danger. And the blister design foot platform with durable roller supplies maximum support to ensure stability and safety during exercise.





NGHB

Gluteus Ham Bench

Bench NGHB is considered the ideal equipment for building the hamstring, lower back, and gluteus. The thoughtful design of handles makes the entry and dismount more convenient. Thick arc pads and adjustable vertical rollers accommodate various user heights while maximizing safety.





NPCB

Preacher Curl Bench

The oversize, flat elbow pad provides ideal support for joints that optimizes the stability during bicep curls. Bilateral plastic bar catches promote the storage durability of the NPCB.





Vertical Knee Raise

NVKR

The structural integrity of the NVKR delivers via heavy-gauge steel mainframe construction. Features pull-up and dip station with PVC grips to perform knee raises, leg raises, and single-leg lifts to create a fit look for the arm, shoulder, and abdomens. Thick, quality back and elbow pads reduce fatigue that helps the operator in a correct position. Two step-up platforms make entry and exit conveniently.

SPEC



VIDEO





NSS

Sissy Squat

Machine NSS is an ideal equipment to perform sissy squats. Bodyweight exercises can develop the core, thigh, and abdomen that enhance balance and flexibility. The non-slip, blister design foot platform with the roller assists the operator in keeping stability during intense workouts. Constructed with heavy-gauge steel frames promote stabilization of the NSS.





Stretch Chair

The safety wrist strap design of the NBS ensures safety during the stretching to protect operators from falling off the chair. The handlebar allows multiple grip positions to meet different workout requirements. An angled back pad with stable rollers locks the user into place to establish muscular strength and endurance.





VIDEO





NDB

Adjustable Decline Bench

The hydraulic adjuster comes with a pop-pin design for operating conveniently. Thick, high-quality knee pads and ankle rolls provide support during exercise. Dual wheels and the ergonomic front handle help to shift bench NDB instantly.





NIB

Adjustable Incline Bench

The angled and pop-pin adjustable backrest allows various positions for strength workouts. The flat, space-saving steel feet with a curve mainframe provide support and stability. Sealed bearing at all pivot points safeguards the exerciser.





NFB

Flat Bench

A heavy-duty steel base ensures durability and security. The NFB features a lightweight but strong structure. And the solid upholstery is made of high-density foam, which reduces muscle fatigue and enhances comfort during exercise.





The delicate design of stool NST adapts to various requirements of different facilities. The NST is ideal for performing basic dumbbell and barbell exercises, including the alternating curl, shoulder press, or triceps extension. High-grade steel construction optimizes maximum stability.



An innovative ladder-style adjustment with support bars helps set the back pad into a proper position. The sturdy base frame is built of heavy-gauge oval tubing to ensure stabilization of bench NFID.















NMDR 2

Mechanics Dumbbell Rack



NDR 2
2-Tier Dumbbell Rack



The mainframe is built of heavy-gauge oval tubing and welded at all joints enhancing safety and durability for the NDR2. And quality rubber foot pads support the rack to stay stable while defense the unexpected movement. Individual cradles offer the dumbbell with better storage.

NDR 3
3-Tier Dumbbell Rack



The three-tier, space-efficient design for rack NDR3 accommodates dumbbells from 2.5 kg to 25kg. Small brackets on every one of the shelves allow convenient take up and put down, also help to recognize the required weight immediately.

groove design of the rack tray for convenient use also locks the dumbbell into place. The storage tray can withstand loads from heavy to light-weight and reduces the possible injuries to the lower back.

Keeping the workout area organized and safe,

Steelflex mechanics dumbbell rack NMDR2 is

accessible storage up to 20 dumbbells. The



Ideal for the storage need of facilities, the new NKTR1 is hard to beat. Rack NKTR1 features a trolley design for easy transport even during heavy loads.







NKTR 2

Kettle Bell Rack 2

The superior capacity of NKTR2 provides a tidy and clean workout area in any facility. Alternative shelf options of the NKTR2 accommodate either kettlebells or dumbbells.







NKTR 3A

Dumble Rack

A sleek, solid frame with rubber feet ensures the rack holds a firm position to improve safety. The NKTR3A features three kinds of shelves on each tier to house workout accessories, including kettlebells, dumbbells, and medicine balls.







NKTR 3B

Dumble Rack

Rack NKTR3B is built of heavy-gauge steel tubing for structural integrity to withstand various free weight training accessories. A rectangle-groove design of the shelf makes tidiness for collocating kettlebells and dumbbells.





NGFR 1

Group Functional Rack

The design of rack NGFR1 inspires a better development idea of functional training system 360 that provides versatile exercises in a combined machine. The NGFR1 offers a side-by-side configuration which makes a fitness accessory wall to store multiple workout equipment.





NGFR 2

Group Functional Rack

Functional racks are a perfect solution for creating a tidy workout area and maximizing space capacity. The NGFR2 provides storage for various training accessories, including weight plates, medicine balls, and exercise bands. The versatile rack helps facilities to maintain well organized. Rack NGFR2 does not allow for utilizing with functional training system 360.





Platform NPF1 is the best equipment for deadlift training. Side stability sticks allow configuring resistance bands that reinforce workout efficiencies. And the weight plate horn design enhances the structural integrity.





The medium platform NPF2 provides an appropriate workout area for barbell workouts.





NPF3

Platform

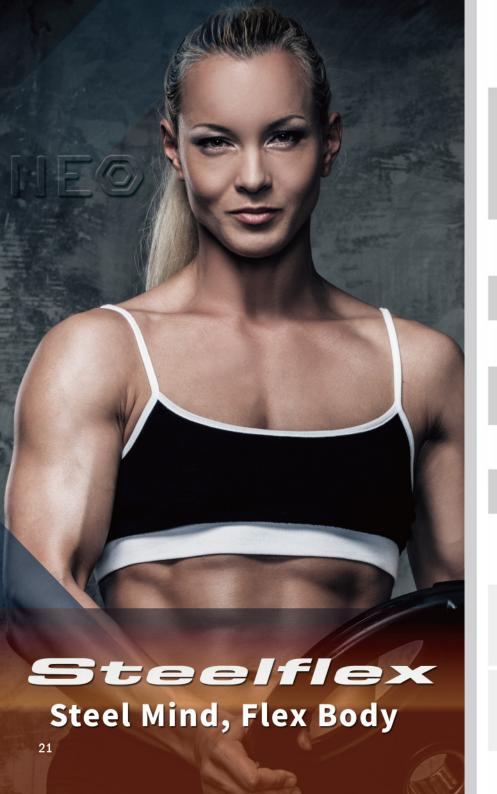
A large-scale design of platform NPF3 increases safety and stability during snatch and deadlift training.

SPEC



VIDEO





Specifications

Two-coat powder process, electrostatically applied powder coat finish, metallic silver One-coat powder process, electrostatically applied powder Frame Finish coat finish, black wrinkle for NPF1 / NPF2 / NPF3 One-coat powder process, electrostatically applied powder coat finish, metallic silver for NBSR / NOSS-1 / NOSS-2 2" rebonded scrap foam + 10mm high density foam with CGPC Upholstery PVC cold latex leather and durable double stitched upholstery **Handgrips** Dipped PVC handle Welding Continuous welds at all joints.

Bearings

Commercial rated, sealed bearings at all pivot points for NAB / NAAB / NAC / NRCH / NGHB / NIB / NFID / NBS

End Cap

High density molded plastic end caps

Max. User Weight

264 lbs. / 120 kg

Colors

Strength Upholstery Colors



Black(Standard)

Standard Finish Color





Gray Silver





www.steelflexfitness.com

INTERNATIONAL

3F28, No.5, Shin-Yi road., Sec.5,

Taipei,Taiwan

Tel: +886-2-27209982

Fax: +886-2-2722-9750

E-mail: joong@ms13.hinet.net

http://www.steelflexfitness.com

USA

Fitness Master Inc.

11419 Mathis Avenue #200

Farmers Branch, Texas 75234

Office & Fax: 214-350-8884

Toll Free: 855-846-0087

Email: info@fmiamerica.com

www.fmiamerica.com

CHINA

Steelflex Fitness Equipment Trade Co., Ltd

608A, No. 1055 Pingcheng Road, Jiading Town,

Jiading District, Shanghai, China

Tel: +0086-021-63514782 http://www.steelflex.com.cn