

Steelflex

STEEL MIND FLEX BODY



MG-CCB

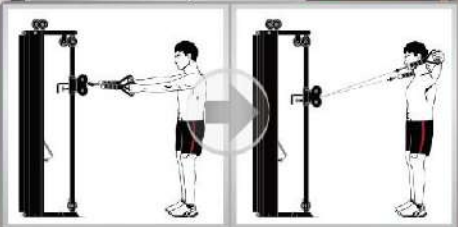


VIDEO

Biceps Curl



Reverse Fly



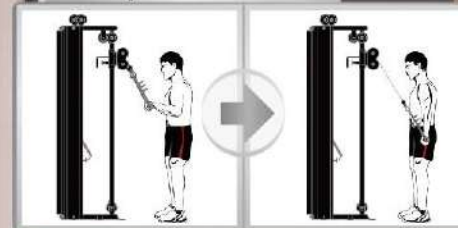
Single Fly



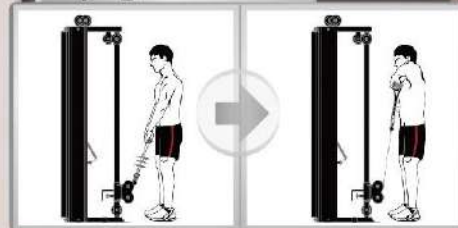
Single Side Raise



Triceps Pushdown



Upright Row



Side Raise



Shoulder Press



Single Chest Press



Single Row

