

Awesome attachments for use with any high pulley cable system

**STAY HOME
STAY HEALTHY**

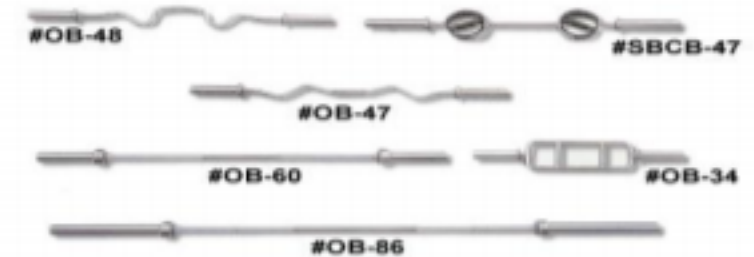
Designed for ...
Lat Pulls
Low rows
Chinning
Shrugs
Dead Lifts
Bent Over Rows
Oblique Bends
Dumbbell &
Barbell
Workouts



Multi grip press bar
MGPB-1

Bicep Bomber
BB23

Farmers walk Handles
FH-1



Get organized with an accessory
storage rack



CAS458 CABLE ASSESORY RACK



Not Fragile!

Only free weights will ensure all major muscle
groups are worked fully, thus shaping the body into
proper and symmetrical proportions.
These plates are the best value anywhere

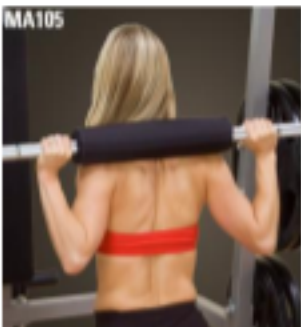


Triceps Rope TR-20



Bar Pad

Takes the burden off your
shoulders and allows you to work
with heavier weights



Inversion Boots GIB-2



Get Lean. Het Cut. Lose the Gut
AB Crunch Harness # ACH-18

Body-Solid T-Bar Row (TBR-10) Platform
with Lat Blast Bar (LBB-28)

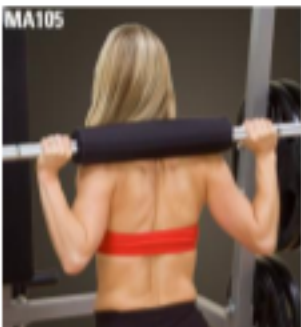


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