



Club Line Series

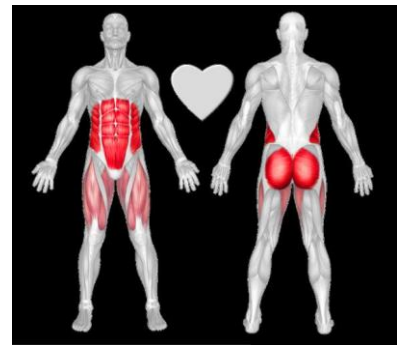
CLFSS Sissy Squat



Strengthening Your Lower Body at Home!

The Sissy Squat bench was designed for those who is looking for a machine that saves space, requires no extra weights and will strengthen glutes, quads, and core. The strength of the legs will be developed more effective on the squat movements. It will isolate your quads without too much exertion on the knees.

With the adjustable support and a pad, it is designed to keep the legs straight and ensuring more comfort while performing the squats.



Size: 60×86.4×39cm / 23.6"×34" ×15.4" Product weight: 20.7KG / 46lbs

Features:

- Firm Steel for durability
- Soft pad for comfortability
- Adjustable support for suitability
- Adequate size for storability
- Adequate weight for mobility