



Steelflex

CLFWR Functional Trainer

Engineered for Performance. Built for Versatility.

The **CLFWR** is a versatile strength training station designed to accommodate users of all fitness levels. With a robust combination of high/low pulley systems, an adjustable bench, and integrated attachments, this all-in-one solution supports a full spectrum of upper and lower body workouts—ideal for both home gyms and commercial facilities.

Train Smarter, Train Stronger

Perform lat pull-downs, seated rows, bicep curls, tricep pushdowns, and more with the smooth high/low pulley system.

Core Strength Development

Integrated **Vertical Knee Raise (VKR)** station targets your abs and hip flexors for controlled, effective core workouts.

Built-In Cannonball Grips

Ideal for chin-ups and bodyweight training to strengthen the back, shoulders, and arms.



Adjustable Bench Included

Easily transitions to support both seated and inclined movements, offering greater exercise variety.

MORE INFO



Safe & Smooth Motion

Precision pulleys and aircraft-grade cables ensure quiet, fluid operation with minimal maintenance.



Muscle group



**Built for Core Strength.
Designed for Versatility.**