

JGSP800 Shoulder Press

• Accurate biomechanics designs with ergonomic dual converging movement arms deliver comfort and effectiveness for intense shoulder press training.

• The curved handgrips provide both wide and narrow positions to work out the



Frame Finish	Two-coat powder process, electrostatically applied powder coat finish, black exterior / crimson red texture
Upholstery	2" rebonded scrap foam + 10mm high density foam with CGPC PVC cold latex leather and durable double stitched upholstery
Handgrips	Dipped PVC handle
Driving System	Cable
Cables	7 × 19 carbon steel, tensile strength of more than 2090 lbs. (950 kg)
Shroud	1T delicate steel safety cover / 3T acrylic delicate safety cover
Weight Stack	Low carbon steel weight plates for antirust, lower noise and durable operation
Standard Weight Stack	215 lbs. / 97.5 kg SWS-10 lbs. × 20 pcs + 15 lbs. top plates
Dimensions	124 × 156 × 168 cm / 49" × 61" × 66"

Exercise Chart







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