



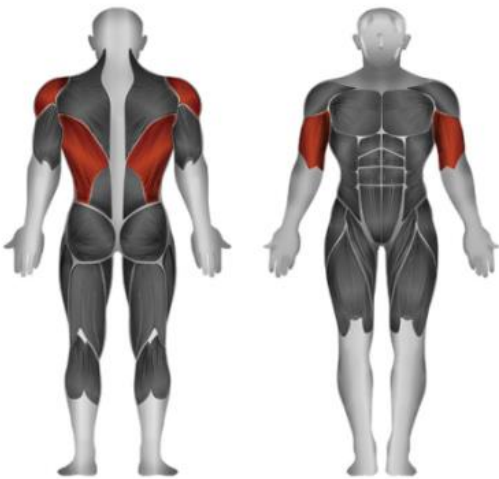
High / Low Pull

MLM300B



LET’S HAVE A TRY WITH OUR HIGH/ LOW PULL, PUMP YOUR SHOULDERS BICEPS AND LATISSIMUS DORSI. SUPINATED LAT PULLDOWN VARIATIONS

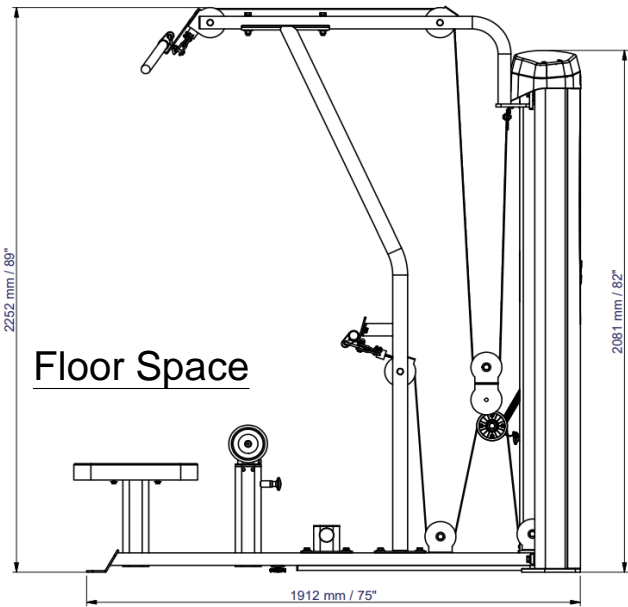
- Adjustable wide roller pads accommodate users of varying sizes and heights.
- The quality foot brace provides stability and support during heavy load training.
- The dipped pull-down handle with the seated row bar assists the operator in completing a high/low pull that strengthens the deltoid, biceps, and latissimus dorsi.



Muscle group



Mainframe	N/A
Frame Finish	Two coat power process, electrostatically applied powder coat finish, gray silver
Instructional Placard	Included
Upholstery	2" Rebounded Scrap Foam + 15mm High Resilience Foam with CGPC PVC cold latex and durable double snitched upholstery
Handgrips	Dipped PVC Handle
Driving System	Flat belt
Flat Belt	Tensile strength of more than 5027 lbs. (2280 kg)
Shroud	4T acrylic delicate safety cover
Weight Stack	High-quality weight plates for smooth and durable operation (noise reduction-absorbing cushions included)
Standard Weight Stack	215 lbs. / 97.5 kg (SWS-10 lbs. x 20 pcs + 15 lbs. top plate)
Optional Weights	315 lbs. (143 kg) / 415 lbs. (189 kg)
Max User Weight	264 lbs. / 120 kg
Dimensions	197 × 138 × 225 cm / 77" × 54" × 89"
Product Weight	259 kg / 571 lbs.



Floor Space

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