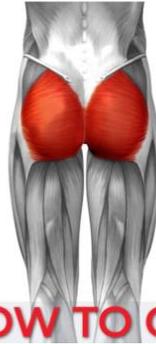


# MEGA POWER

## Glute Kickback Machine

First off no matter who you are, athlete, mature client, appearance client, functional client, fat loss client, body builder client, you should train your glutes! The glutes are some of the most powerful muscles in the human body.

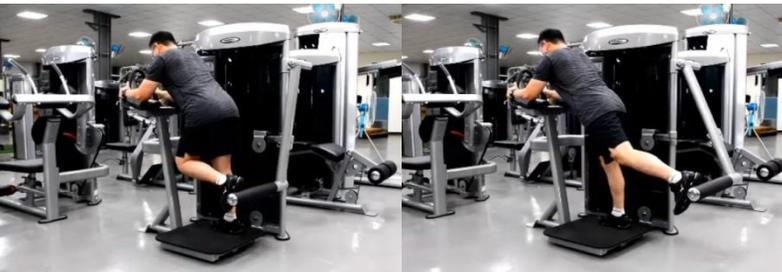
Developing toned glutes is that exercise alone will only get you so far.



HOW TO GET



One of the best ways to train this vital muscle is with the Glute Machine **MHE-1900**. You'll be amazed at the benefits you'll notice when you use this machine.



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Instruction video