



Product Data Sheet

NBS Body Stretching bench

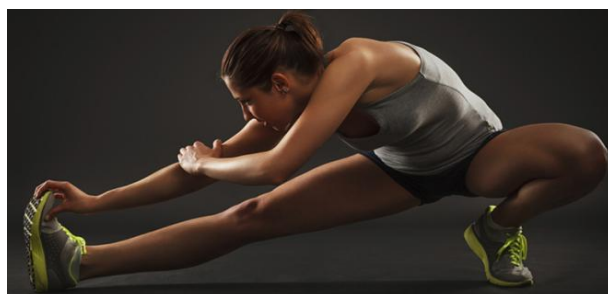
Began to learn about the benefits of stretching and what it does to the body ?

stretching provides the exerciser with wealth of benefits, including safe pre-exercise warm-ups, enhanced athletic performance, injury prevention and relief from back pain. Many of us neglect to stretch; perhaps because it takes too long, is too difficult or we don't have access to a stretching Trainer or coach. Well, The total Neo NBS bench from SteelFlex revolutionizes stretching by allowing users to safely and effectively perform a comprehensive set of stretches all place by themselves.

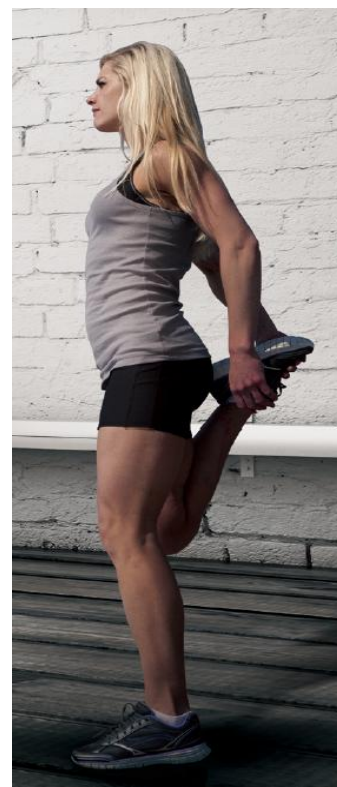
**favorite things to do is
Stretch.**



**ALL
in
ONE**



Video



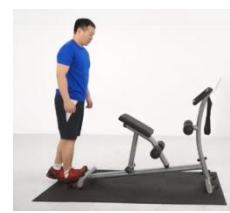
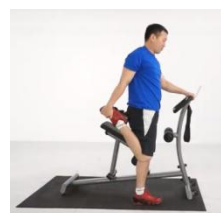
Back stretch

Hamstring muscle

Hips

Quadriceps

Calves



More info

INTERNATIONAL

3F28, No. 5, Shin-Yi Rd., Sec. 5, Taipei ,Taiwan110

Tel:+886-2-2720-9980

Fax:+886-2-2722-9750

E-mail:joong@ms13.hinet.net

<http://www.steelflexfitness.com>

