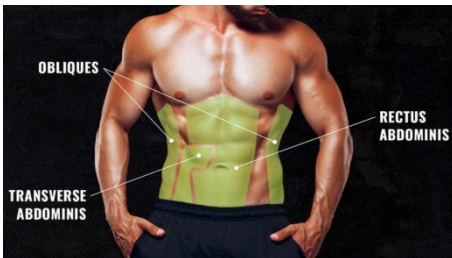




Steelflex

PL2400: Dual-Function Core Trainer for Powerful Abdominal and Lower Back Workouts

The **Steelflex PL2400** is an innovative core training machine designed to target and strengthen your **external obliques**, **rectus abdominis**, and **thoracolumbar fascia** through both **back extensions** and **abdominal crunches**, all while keeping you comfortably seated. This dual-function machine allows you to seamlessly switch between exercises, offering a complete torso workout in one compact, easy-to-use unit.



User-friendly



Discover more



The **lateral design pin** is a standout feature, enabling quick and easy adjustments for altering the lower movement arm, providing users with greater control and precision over their workout.

Whether you're focusing on a **rightward or leftward** movement, the **adjustable foot braces** ensure a perfect fit for users of all sizes, allowing for a more tailored and effective workout experience. This versatile machine is perfect for individuals looking to develop both their core strength and flexibility.

Whether you're training for performance, rehabilitation, or general fitness, the **Steelflex PL2400** ensures efficient and comfortable workouts for all levels.

Take your core training to the next level with the **Steelflex PL2400** the ideal solution for anyone seeking a well-rounded, comfortable, and efficient abdominal and lower back workout.

THE Manufacturer

BIRD'S
EYE
VIEW

