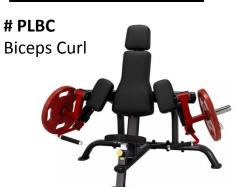
## Pump Up Your Arms With Biceps and Triceps Exercise

## SPOTLIGHT





# PLTE Triceps Extension

- \* EZ-Curl design
- \* Knurled for secure grip
- \* No need to waste time changing plates



# SFZB Black PU curl Barbell









Building overall biceps mass including the often difficult lower biceps. **#GPCB-329 & #NPCB** 



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of biceps and triceps arm machines
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