



Product Data Sheet

PLHP HACK Press

Build explosive strength! Super smooth dual glide rod system with direct drive motion distributes the weight more evenly than traditional designs.

Four position Olympic loading posts provide a balanced centre of gravity and ample load capacity. Adjustable for all heights and sizes, high intensity workouts can be performed with complete comfort and safety.

Muscles Worked



performed on



SPECIFICATIONS:

- Hack Press Machine with Ergonomic hand grip positions
- Heavy Duty Mainframe: 12 Gauge 1.968"×3.937" Oval Tubing
- Frame Finish: Two-coat powder process, electrostatically applied powder coat finish, metallic silver
- Upholstery: CGPC 2" high density foam with PVC skin and durable double stitched upholstery
- Upholstery Colours: Black or Cranberry
- Hand Grips: Dipped PVC Handle
- Welding: Continuous welds at all joints.
- Bearings: Commercial rated, sealed bearings at all pivot points.
- Max. User Weight: 264 lbs / 120 kg
- Product Weight: 376 lbs / 171 kg
- Dimensions(L×W×H): 242 × 146 × 134 cm / 95" × 57" × 53"



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